



# MATIGNON HIGH SCHOOL

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## Welcome to Matignon High School from the School Nurse's Office!

The purpose of this packet is to assist you with providing all of the required documentation to begin your education at Matignon. Please read through the packet and return; 1) an updated physical exam 2) Over the Counter Permission Form and 3) the Physician Medication Form if needed to Matignon High School via mail or fax by **Monday, July 23, 2018**

The role of the school nurse is to oversee the health and safety of all students, assess and treat students for minor injuries or sudden illness, monitor attendance, coordinate with guidance counselors and teachers regarding health issues effecting the students class work, and to maintain current health records including state mandatory screenings, immunizations, and medications.

### Absences

Students who are ill, have a fever, or vomiting should not come to school. Students should not return to school until they have been fever free without medication and no vomiting for at least 24 hours. Parents must report student absences and dismissals each day by calling the School Nurse at 617-876-1212 ext 23 before 8:30am. If a call is not received by the nurse, the school will contact a parent/guardian to verify the absence. To be considered an excused absence, **student must present an excusal note from their doctor within 3 days of the absence.**

### Physicals

Updated physicals (within the past twelve months) are mandatory upon entering Matignon High School and must be on file in the Nurse's office. Students who are not participating in sports need to have an updated physical **every third year from the initial exam**. This policy is in accordance with the Department of Public Health. Students participating in any school athletic activity must have a physical examination annually, dated within 13 months **prior** to try outs. This must be completed by the individual's private doctor and submitted to the nurse. This policy is in accordance with MIAA rules.

### Immunizations

All students are required by the Massachusetts Board of Health to have the following immunizations before starting high school;

- 2 MMR (measles, mumps, rubella)
- 2 Varicella or laboratory proof of immunity
- 3 Hepatitis B or laboratory proof
- 1 Tdap within the last 5 years

Students who do not have these immunizations will be excluded from participating in classes.

### Medications

Students who have a condition or allergy that requires medications to be given at school will need to deliver the medication and a Physician permission form in order for

the nurse to be able administer the medication. This includes Epi-pens, albuterol, and any other prescription medications. This process needs to be done at the beginning of every school year per the regulations of the Department of Public Health. **Students who have an albuterol inhaler or an Epi-pen will not be allowed to participate in field trips unless these medications and documentation are on file with the Nurse's Office.**

Please review these forms and return them to the school by **July 23, 2018.**

I would like to welcome you all to Matignon High School and I look forward to meeting you all. Have a great year!

Sincerely,

Kathleen Clark, BSN, RN  
School Nurse Leader  
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